BARTLETT'S FARM
NANTUCKET

Crystal Peak White Obedient Plant

Physostegia virginiana 'Crystal Peak White'

Height: 18 inches

Spread: 22 inches

Spacing: 20 inches

Sunlight: ○ ◐

Hardiness Zone: 2

Other Names: False Dragonhead

Description:

A smaller more compact version of obedient plant with classy white blooms; still a rather vigorous plant like the species, a fine selection where it can be contained

Ornamental Features

Crystal Peak White Obedient Plant has masses of beautiful spikes of white hooded flowers rising above the foliage from mid summer to early fall, which are most effective when planted in groupings. The flowers are excellent for cutting. Its pointy leaves remain dark green in color throughout the season.

Landscape Attributes

Crystal Peak White Obedient Plant is an herbaceous perennial with an upright spreading habit of growth. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This plant will require occasional maintenance and upkeep, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting butterflies to your yard. Gardeners should be aware of the following characteristic(s) that may warrant special consideration;

- Spreading

Crystal Peak White Obedient Plant is recommended for the following landscape applications;



Crystal Peak White Obedient Plant flowers
Photo courtesy of NetPS Plant Finder



Crystal Peak White Obedient Plant in bloom
Photo courtesy of NetPS Plant Finder

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- Mass Planting
- General Garden Use

Planting & Growing

Crystal Peak White Obedient Plant will grow to be about 14 inches tall at maturity, with a spread of 22 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 20 inches apart. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 10 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in full sun to partial shade. It is very adaptable to both dry and moist locations, and should do just fine under typical garden conditions. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments. This is a selection of a native North American species. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.